



SOCIAL  
KITCHEN  
BY ASPENS

# SO HUNGRY

Week 1

03/11/25, 24/11/25,  
15/12/25, 05/01/26,  
26/01/26, 16/02/26,  
09/03/26, 30/03/26

MON

TUE

WED

THU

FRI


## MAINS


Swedish Style Meatballs In  
Gravy With Cranberry  
Jam

Char Siu Roast Pork  
With Chinese Style  
Curry Sauce

Roast Chicken & Thyme  
Toad In The Hole

Aspens Hand Pressed  
Beef Burger, Caramelised  
Onion & Mac Sauce

Choose From:  
Battered Fish  
Sausage or Veg Sausage   
Pizza Slice  
Chicken Nuggets  
Chips 

Summerset Apple,  
Leek & Bean Stew 

Chinese Style  
Vegetable Curry 

Veggie Banger Toad  
In The Hole 

Cheese & Onion Burger  
With Smoky Tomato  
Relish 

## SIDES

Creamy Mash, Peas  
& Green Beans

Steamed Rice &  
Wok Fried Veggies

Roasties, Smashed Honey  
Parsnips & Seasonal  
Greens

Roasted Root Veg  
Wedges & Green Salad

Garden Peas or Baked  
Beans, Irish Curry Sauce  
Chip Shop Gravy

## PASTA & NOODLE POTS

- Variety or Pasta or Noodle Pots -

## DELI HOT

Southern Chicken  
Strips Wrap

Classic Pepperoni

BBQ Pink Onion  
Deli Dog

Classic Pepperoni

Cheesy Chips

## FILLINGS

CHEESE, BEANS & TUNA DAILY -

### LOADED SPUDS

CHEESE, BEANS & TUNA DAILY -

SWEDISH MEATBALL

CHINESE STYLE CURRY  
CHAR SIU PORK

BBQ BEANS & PINK ONION

CHEESE, CARAMELISED  
ONION & MAC SAUCE

ALL THE CLASSICS

## SALAD

SALAD OF THE DAY

SALAD OF THE DAY

SALAD OF THE DAY

SALAD OF THE DAY

SALAD OF THE DAY

## DESSERTS

Homebakes  
Selection

Homebakes  
Selection

Homebakes  
Selection

Homebakes  
Selection

Homebakes  
Selection

DAILY MEAL DEALS  
REGULAR  
CHEF'S SPECIALS

Freshly Made from  
SCRATCH DAILY!

Fresh Cut Fruit & Yoghurt Pots  
Available Daily







HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO



	MON	TUE	WED	THU	FRI
MAINS	Peri Chicken & Macho Pea Pasta Bake Chilli Lime Aioli  Peri Crispy Chickpea & Butterbean Pasta Bake <sup>V</sup>	Honey Mustard Glazed British Bangers with Roasted Red Onion  Honey Mustard Glazed Veggie Bangers with <sup>V</sup> Roasted Red Onion	Slow Roast Garlic & Rosemary Pork with Apple Stuffing  Cauliflower & Broccoli Cheesy Bake <sup>V</sup>	Chicken Tikka Balti Curry  Butternut Tomato Chilli Masala <sup>V</sup>	Choose from: Battered Fish Sausage or Veg Sausage Pizza Slice <sup>V</sup> Chicken Nuggets Chips <sup>V</sup>
SIDES	Zesty Dressed Roast Broccoli	Leek Mashed Potatoes, Mushy Peas & Gravy	Roasties, Savoy Cabbage & Cauliflower	Garlic Rice, Roasted Cauliflower & Green Beans	Garden Peas or Baked Beans Irish Curry Sauce Chip Shop Gravy
PASTA & NOODLE POTS	- Variety or Pasta or Noodle Pots -				
DELI HOT	BBQ & Crispy Onion Wings	Crispy Chicken Burger	Thai Curry Pizza Slice	Curried Chicken & Spinach Wrap	Cheesy Chips
FILLINGS	CHEESE, BEANS & TUNA DAILY -		LOADED SPUDS	CHEESE, BEANS & TUNA DAILY -	
	SPICY PERI CHICKEN & CHEESE	BOLOGNESE	MEATBALL MARINARA	CHICKEN TIKKA BALTI	ALL THE CLASSICS
SALAD	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY
DESSERTS	Homebakes Selection	Homebakes Selection	Homebakes Selection	Homebakes Selection	Homebakes Selection



	MON	TUE	WED	THU	FRI
MAINS	<b>Minced Beef Hotpot</b> Topped with Root Veg & Potatoes  Lentil, Onion & Root Veg Hotpot 	<b>BBQ Chicken &amp; Cheese Melt</b>  Cajun Spiced Bean Burger 	<b>Maple Glazed Gammon</b> with Crispy Smashed New Potatoes  Honey Carrot & Apple Wellington 	<b>Pork Ragu</b> Lasagne al Forno  Spinach, Cream Cheese & Roasted Veg Lasagne 	Choose from: <b>Battered Fish</b> Sausage or Veg Sausage Pizza Slice Chicken Nuggets  Chips 
SIDES	<b>Savoy Cabbage &amp; Peas</b>	<b>Cajun Rice &amp; Roasted Mediterranean Veg</b>	<b>Carrot &amp; Swede Mash, Green Beans</b>	<b>Crusty House Baked Bread, Roast Carrots or Garden Salad</b>	<b>Garden Peas or Baked Beans</b> Irish Curry Sauce Chip Shop Gravy
PASTA & NOODLE POTS	- Variety or Pasta or Noodle Pots -				
DELI HOT	Mexican Hot Pizza Slice	BBQ Cornflake Crunch Wings	Masala Mayo Deli Dog	Chinese Style Chicken Wrap	Cheesy Chips
FILLINGS	CHEESE, BEANS & TUNA DAILY -  BEEF MINCE & ONION	SMOKY SPANISH BEANS & ALOLI	LOADED SPUDS  MASALA MAYO, CHEESE & CRISPY ONION	CHEESE, BEANS & TUNA DAILY -  PULLED HAM CARBONARA	ALL THE CLASSICS
SALAD	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY	SALAD OF THE DAY
DESSERTS	Homebakes Selection	Homebakes Selection	Homebakes Selection	Homebakes Selection	Homebakes Selection