**Future Skills Curriculum Summary May 2024**

Vision

Preparing students for a happy and successful future is a core aim of Fakenham Sixth Form. We recognise that success in life depends not only on academic prowess but also on one's ability to navigate the challenges of the real world. Our Future Skills curriculum has been designed to equip students with knowledge and understanding of important themes such as health and wellbeing, living in the wider world and healthy relationships. Students delve into these themes and discover how to manage finances, seek support for mental health concerns and manage change throughout their life.

Furthermore, our Future Skills curriculum nurtures qualities such as resilience, adaptability, and time management. As students prepare to step into adulthood, these skills become essential tools for managing the complexities of modern life. They are taught how to handle stress, make informed decisions, and cultivate a sense of responsibility. In essence, our Future Skills curriculum serves as a compass guiding students through the uncharted waters of adulthood. By incorporating these skills into their education, students are better prepared to face the challenges and opportunities that await them, ultimately shaping them into responsible, capable, and resilient individuals ready to contribute meaningfully to the world beyond the classroom.

Yearly Intent Statements

Year 12: By the end of the Year 12 Future Skills students will:

* Understand how to identify their own personal skills and qualities.
* Understand signs of a healthy and unhealthy relationship.
* Understand the legalities and consequences of alcohol consumption.
* Understand the legalities and consequences of drug usage.
* Understand personal safety.
* Understand prevention and treatments of a range of mental health conditions.
* Understand a range of post 18 pathways including university, employment and apprenticeships.
* Understand personal finances including, wage slips, tax, banking and loans.
* Understand how to approach employers for work experience placements, complete work experience and reflect on skills gained.

Year 13: By the end of the year Future Skills students will:

* Understand the benefits of volunteering and completing work experience.
* Understand how to present the best version of themselves in interviews and job applications.
* Further develop their understanding of finance including pensions, budgeting and housing costs.
* Understand how to stay safe in relationships.
* Be prepared for the transition from sixth form to university, employment and apprenticeships.

Rationale behind sequencing:

Year 12

The sequence has been clearly thought out to ensure that topics coincide with the current experiences of students. For example, managing change is taught at the beginning of Year 12 as students are moving from secondary school to key stage 5. Time at sixth form goes very quickly and in order to focus students on their future, the Future Skills curriculum incorporates self-reflection of skills and qualities and goal setting at the beginning of September to set the focus for the Year. These goals are then self-assessed at the end of Year 12 and set for Year 13. Throughout Year 12 students are taught about healthy lifestyles including diet, alcohol consumption, drug use and sexual health to support students to make health decisions in a time of their life when they are experiencing more freedom. Students in Year 12 often get part time employment. To support their understanding of rights at work, students in Year 12 look at the employment laws, how to behave in a workplace and how to understand wage slips. To develop students, experience of the workplace, all Year 12 students are expected to complete work experience at the end of Year 12. The Future Skills curriculum teaches students how to research and apply for Work experience placements, how to talk to employers and how to make the most of new experiences.

Year 13

As with Year 12, Year 13 starts with a reflection of skills gained and goal setting for the following year and post 18 options. This enables students to identify any areas of weakness they need to improve in Year 13. This is in line with UCAS applications for university. For students who do not intend on going to university, Future Skills lessons also support students to build a portfolio of skills for the workplace to support applications for employment and apprenticeships. As we have a spiral curriculum, lessons build on the knowledge gained in Year 12 on staying safe, health and wellbeing by further discussion of these topics. It is expected that most of our students will leave home and go to university at the end of Year 13, therefore some Future Skills lessons in Year 13 are dedicated to preparing students for this. Lessons on meal planning, washing, ironing and paying household bills and rental agreements are all incorporated into the scheme of learning. The Future Skills curriculum serves as a compass guiding students through the uncharted waters of adulthood.