



Kind

Ambitious

Determined

Headteacher: Mr G Green

17 March 2025

Dear Parent/Carer,

Fakenham Academy and Sixth Form strives to provide your child with the best and most diverse curriculum it can offer. As part of the curriculum, the personal development of a child is crucial in providing them with the knowledge and skills to be ambitious and successful.

As part of our commitment to personal development, we will host our Personal, Social, Health Education Drop Down Day on Thursday 27th March. We have invited external providers to work alongside our own staff to provide an interesting and engaging day of activities and presentations. The topics we will be covering are:

Year 7 - Changes: divorce and bereavement. Anti-social media behaviour.

Year 8 - Relationships: domestic abuse, relationship changes and support.

Year 9 - Consent, drugs and substance abuse.

Year 10 - Healthy eating and self-esteem. Financial education.

Year 11 - Road and driving safety. Academic interventions.

Year 12 - Effective communication, teamwork and confidence.

Year 13 - Financial education, first aid, car maintenance and academic intervention or sport.

The timings of the school day will be as normal.

If your child is in Year 8 or Year 10, they will need to attend school in their PE kit for the whole day as they will be participating in physical activity. Their PE kit should be in accordance with the school's policy so hoodies are not permitted, and jewellery will have to be removed while participating.

We understand the above topics can be sensitive for some of our students, however, all lessons have been planned in accordance with government guidance. We have invited specialists in to ensure all students feel safe and supported. Staff are available for support throughout the day, just as normal. We believe the valuable education received can make a positive impact on our student's future. If you have any questions or concerns regarding this event, please do not hesitate to contact me via e-mail: s.gray@fakenhamacademy.org

Yours sincerely

S Gray

S Gray

Assistant Headteacher - Personal Development.