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# Careers Bulletin

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# unifrog

**Have you logged onto Unifrog lately!?**

**There are lots of resources to support your career journey**

**We record work experience on Unifrog too!**

**Check out what your future has for you!**

**[Unifrog](#)**



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HelpYouChoose  
Your future, your choice

**Help you Choose can assist you in applying to Post 16 education like  
Fakenham Sixth Form**

**Or**

**You can apply for Fakenham Sixth Form here –  
[How to Join Our Sixth Form - Fakenham Academy](#)**



FAKENHAM  
ACADEMY

Sixth Form



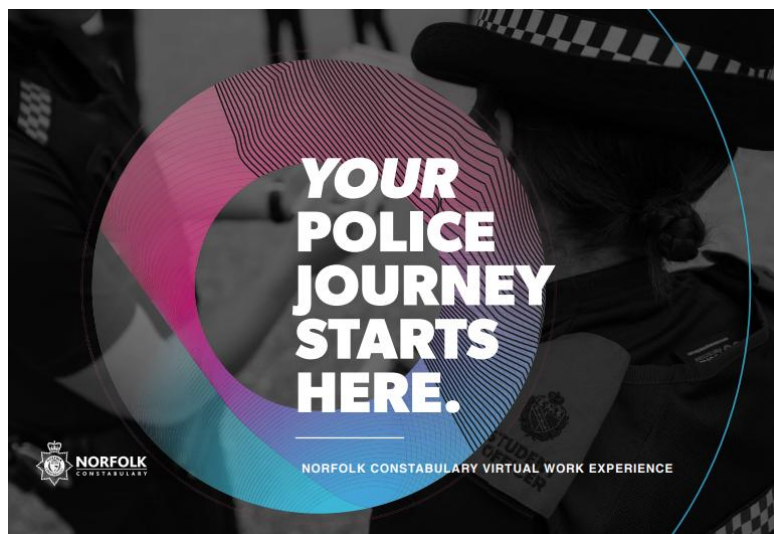
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**Are you currently a Norfolk resident aged 16 or 17 and in year 12 of sixth form or first year of college, and looking for work experience within a fast-paced and unique organisation?**

If your answer is yes, then policing could be for you! The world of policing really is an environment like no other and Norfolk Constabulary are seeking talented individuals to take part in our award winning online work experience programme.

**INTERESTED IN APPLYING?**

You must be able to commit to one of the weeks between the hours of 09:30 and 16:00, Monday to Friday:

7-11 July 2025  
14-18 July 2025

  
Scan to apply



Dear Student,

*Norfolk Constabulary are delivering their award-winning Online Work Experience Programme again this year. If you are a Norfolk resident, aged 16 or 17, in your first year of sixth form or college and looking for work experience within a fast-paced and unique organisation, then this programme could be for you!*

If your application is successful, you will be presented with a case that you will be required to investigate over the course of one week. Each day, a different department within the Constabulary will assign you a task to complete which will assist you with your investigation. You will learn the skills required to work in the Control Room, how to take a police statement and what it's like to be part of a crime scene investigation, among many other things.

You will have the opportunity to work virtually with serving police officers and staff to develop your skills for employability in areas such as **teamworking, problem solving and communication and interpersonal skills**. This online scenario-based programme will allow you to apply your academic knowledge in a practical and real business environment.

## Interested in applying?

- You must be able to commit to the programme between the hours of **09:30 and 16:00, Monday to Friday, 7<sup>th</sup> to 11<sup>th</sup> July 2025 OR 14<sup>th</sup> to 18<sup>th</sup> July 2025.**
- To apply, please complete the booking form by following this link: <https://www.eventbrite.com/e/norfolk-constabulary-virtual-work-experience-programme-july-2025-tickets-1095980690749?aff=oddtcreator>
- As part of your application you need to **write a short statement of 300-500 words**. The statement must include:
  - Why you are interested in the online work experience programme.
  - Which areas of policing interest you and why. (This could be Police Officer or Police Staff roles.)
  - What skills and attributes you feel you could bring to the online work experience programme?
- **The deadline for applications is 08:00 on Wednesday 30<sup>th</sup> April 2025.** We hope to let everyone know whether or not they have been successful by mid/end of May 2025.

**PLEASE NOTE: As this is an online work experience programme it is essential that you have a good Internet connection or can access somewhere that has. There will be a supervisor available daily who can be contacted if you need support. All applications must be submitted via the online booking form.**

If you have any questions, please email [workexperience@norfolk.police.uk](mailto:workexperience@norfolk.police.uk)

Click this link to watch our Online Work Experience trailer [Norfolk Police VWE Trailer on Vimeo](#)





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## Careers Week 2025

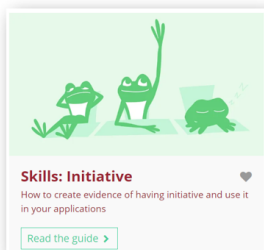
### Check out what we did for Careers Week 2025!

Using initiative means being proactive and taking action without waiting for someone else to tell you what to do. This is an important skill when it comes to our careers.

#### In your spare time, log on to Unifrog and:

- Go to the Know-how library.
- Read the guide called 'Skills: Initiative'

**Task:** Read the scenario on the next slide and decide how the student could take the initiative.



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### Taking the initiative

Tom is struggling with his English homework and doesn't want to ask his teacher for help. He finds writing essays difficult which is a skill he needs to pass his exams. He's worried his classmates will think he's not smart if he asks questions or is seen staying behind after class.



Tim could take the initiative by...

Tom could look for online resources or videos to help with his essay-writing skills.



Tom could ask a parent, friend or sibling for help.



Tom could talk to his classmates to see if they're struggling with similar things and could work together.



Tom could send an email to his teacher in the first instance, or go at break if he feels nervous about his friends seeing him.



Which of these actions do you think is the **best** option and **why**?

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### Apprenticeships and higher education: Fact or myth?

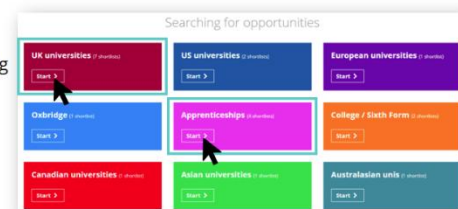
Apprenticeships	Higher education
1. Apprentices aren't entitled to typical employee rights like holiday pay.	6. Higher education is only an option for people from wealthy families.
2. Apprentices are entitled to at least £6.40 an hour.	7. You have to pay interest back on a student loan.
3. Apprentices are exempt from Income Tax and National Insurance contributions.	8. You start repaying your student loan as soon as you leave university.
4. Apprenticeships are always equivalent to GCSEs or National 5s.	9. Most university students have a part-time job whilst they're studying.
5. Apprentices pay a contribution towards tuition fees if they're completing a degree apprenticeship.	10. Universities can charge students whatever tuition fees they like.

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### Using the Unifrog shortlisting tools

- After this lesson, if you'd like to create Shortlists of apprenticeships and university courses, log in to your Unifrog account and open at least one of the following tools:

- Apprenticeships
- UK universities (or any of the international universities tools)



If you're still deciding on the right pathway for you, you can repeat this task using multiple shortlisting tools.

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**VIRTUAL WORK-BASED LEARNING PROGRAMME**

ARE YOU INTERESTED IN A CAREER AS AN ALLIED HEALTH PROFESSIONAL?

WANT TO GAIN VIRTUAL WORK EXPERIENCE THAT CAN SUPPORT YOU WHEN APPLYING TO UNIVERSITY OR AN APPRENTICESHIP?




**SEMESTER 3 COHORT DATES:**  
LIVE LAUNCH – 23RD APRIL 5PM-6PM  
LIVE FINALE – 11TH JUNE 5PM-6PM

FOR MORE INFORMATION EMAIL [WESTYORKSHIRE.AHPFACULTY@NHS.NET](mailto:WESTYORKSHIRE.AHPFACULTY@NHS.NET)

**ASPIRING ALLIES**

**ASPIRING ALLIES**

**6 MODULES**



**AHP VIRTUAL WORK EXPERIENCE**

- 1 THE ALLIED HEALTH PROFESSIONS**  
LIVE LAUNCH (NEED DATE)  
DISCOVERING THE AHP'S ENTRY ROUTES AND REQUIREMENTS  
EXPLORE A UNIVERSE OF OPPORTUNITIES  
YOUR AHP ASPIRATIONS
- 2 THE AHP SETTINGS**  
DISCOVER THE DIFFERENT SETTINGS AN AHP MIGHT WORK  
WHAT THE SETTINGS LOOK LIKE  
CASE STUDY EXAMPLES IN A VARIETY OF SETTINGS  
INTERACTIVE CASE STUDY CREATION TO TEST UNDERSTANDING
- 3 THE AHP VALUES**  
LEARN THE CORE VALUES FOR WORKING IN CARE  
DEMONSTRATE YOUR CORE VALUES  
WRITE A PERSONAL STATEMENT
- 4 A JOURNEY THROUGH A PATIENT'S PATHWAY**  
LEARN ABOUT THE MDT APPROACH  
PLOT AN AHP TIMELINE  
RESEARCH A PATIENT CASE STUDY  
DEVELOP A PATIENT CASE STUDY
- 5 ALLIED HEALTH PROFESSIONS A DEEP DIVE**  
FIND YOUR AHP FUTURE  
RESEARCH THE AHP ROLES  
CREATE AN AHP JOB DESCRIPTION  
CREATE AN AHP JOB ADVERTISEMENT
- 6 PRACTICAL TIPS FOR BECOMING AN AHP**  
FIND OUT HOW TO BECOME AN AHP  
PLAN YOUR NEXT STEPS  
REFLECT ON YOUR LEARNING  
LIVE FINALE (NEED DATE)  
WINNING JOB ADVERTISEMENT IS CHOSEN  
Q&A PANEL

THERE ARE ALSO CAREER SPECIFIC VIRTUAL WORK EXPERIENCE AVAILABLE, PLEASE VISIT THE CONTACT PAGE ON [HTTPS://ASPIRINGALLIES.CO.UK/CONTACT/](https://aspiringallies.co.uk/contact/) TO FIND OUT MORE



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Norfolk & Suffolk CAREERS HUB

CAREERS & ENTERPRISE COMPANY

Norfolk & Suffolk CAREERS HUB

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## The Norfolk and Suffolk Careers Hub's 2025 Insight Sessions

<div>1</div>  <div>6th February - UCAS Apprenticeships - with Siobhan Williams</div>	<div>2</div>  <div>12th February - Supported Internships - with Pam Birt, SEND Employment Officer</div>	<div>3</div>  <div>4th March - Apprenticeships &amp; Technical Education (ATE) - with Sophie Allan, Pathways to Work Advisor</div>	<div>4</div>  <div>27th March - Careers Impact System - with Jack Dennis, CEC Area Manager (East)</div>
<div>5</div>  <div>24th April - Future Skills Questionnaire - with Darian Vomund, N&amp;S Careers Hub Enterprise Co-Ordinator</div>	<div>6</div>  <div>29th April - Norfolk and Suffolk NHS Foundation Trust Careers - with Elisha Gladwell, Careers Facilitator</div>	<div>7</div>  <div>6th May - Allied Health Professionals for Norfolk and Waveney - with Melissa Flanagan</div>	<div>8</div>  <div>15th May - Using LinkedIn Effectively - with Rose Steward, Quickfire Digital</div>

Let's provide students with resources and tools to find their best next step!

Teams links are embedded within the pictures - sessions start at 3:45pm on the allocated day.





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Start Your Career with Specsavers!

Become an **Optical Assistant Apprentice** and earn while you learn!

Gain invaluable skills and experience

Achieve a Level 3 Optical Assistant qualification in just 15-18 months

Unlock exciting career opportunities

If you've got great communication skills and love delivering top service we want to hear from you!

**Scan the QR code to apply!**



This vacancy is being advertised and handled on our behalf by **Spider**



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## All About Apprenticeships

Apprenticeships & Opportunities Fair



3:30PM-7:00PM



Weds 18th June 2025



The Forum, Norwich, NR2 1TF

Norfolk's biggest  
Apprenticeships  
event!



Speak to over 30 employers & training providers about apprenticeship opportunities.



Chat to real apprentices about their experiences



Find out what apprenticeships are and if they're right for you

[apprenticeshipsnorfolk.org](http://apprenticeshipsnorfolk.org)





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## Health and Care Careers Discovery Events

If you are supporting a young person who is:

- ✓ Choosing their options
- ✓ Preparing for their GCSEs
- ✓ Studying at College or Sixth Form
- ✓ Thinking about their next steps



Join us at a Health and Care Careers Discovery Event to explore exciting opportunities in the Health and Care sector!

- Meet a range of employers
- Discover career pathways
- Learn about Apprenticeships, T Levels, Work Experience & Higher Education

 <b>Thursday 24th April 2025</b> From 5:30pm - 7:30pm	 <b>Wednesday 30th April 2025</b> From 5:30pm - 7:30pm	 <b>Saturday 10th May 2025</b> From 10:00am - 12:00pm
 <b>East Coast College, Great Yarmouth Campus, NR31 0ED</b>	 <b>University of East Anglia, The Enterprise Centre, NR4 7TJ</b>	 <b>College of West Anglia, PE30 2QW</b>
		

For further information or any queries please email [HealthandCareAcademy@jpaget.nhs.uk](mailto:HealthandCareAcademy@jpaget.nhs.uk)



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## Career Discovery Day

I wanted to bring your attention to three upcoming Health and Care Careers Discovery Events organised by the Norfolk and Waveney Health and Care Academy, giving parents and carers, as well as students, the opportunity to find out more about the huge variety of careers and training pathways available within the Health and Care sector.

Everyone is welcome but the events are particularly aiming to target parents and carers of young people who are choosing their GCSE options, preparing for their GCSEs, and exploring next steps after college or sixth form.

The events will be held in the following locations:

**Great Yarmouth** – East Coast College, Great Yarmouth Campus  
Thursday 24th April 2025 | 5:30pm – 7:30pm | **Free Parking**

**Norwich** – UEA, The Enterprise Centre  
Wednesday 30th April 2025 | 5:30pm – 7:30pm | **Free Parking**

**King's Lynn** – College of West Anglia  
Saturday 10th May 2025 | 10:00am – 12:00pm | **Free Parking**

Attendees will be able to explore different stands and speak with professional teams. There will also be scheduled seminars providing insights into career pathways. Please encourage any students with an interest in a healthcare careers to attend.

Many thanks for your help.

With kind regards,

Melissa

**Melissa Flanagan (she/her)** | Project Lead: Norfolk and Waveney AHP Faculty  
[melissa.flanagan@nnuh.nhs.uk](mailto:melissa.flanagan@nnuh.nhs.uk)